



prāṇna

aromatheraphy

The Healing Power of Essential Oils & Candles



Inspired by aromas, *Pranna* is a collection of exquisite aromatherapy & wellness offerings from the heart—an exotically crafted range of natural skin & haircare products, vegan soy candles, and pure essential oils.

Whether diffused into the air, applied topically, or blended into candles, they invoke bliss into your senses while inviting peace and harmony into your mind, body, and soul.

Explore, Enjoy, Experience, or Gift these sensorial indulgences...



the chakra collection

In this unique collection, the aromas are crafted to resonate with the seven chakras, the seven energy points in our body. The oils are deeply connected to Chakra healing, harmonizing seamlessly to help you yield rich benefits every day.

Sahasrāra Chakra spirituality | lavender

Deep purple in colour and associated with the element ether, it represents the infinite and is located at the top of the head. Lavender's soothing but enlivening aroma helps rouse the crown *chakra* and wafts us along the path of pure consciousness and spirituality.

- Reduces Anxiety & Stress
- Improves Sleep • Relieves Headaches
- Calms Body & Mind





Ājñā Chakra

imagination | frankincense

Represented by the colour indigo and associated with the element ether, the Ajna *chakra* is located on the forehead, between the eyebrows, driving our intelligence, sensory perceptions and psychic energy. The heady aroma of Frankincense helps activate this centre of perception, intuition and imagination.

- Immunity Booster • Stress Reliever
- Reduce Arthritis • Improves Asthma



Viśuddha Chakra

communication | eucalyptus

Blue in colour and located at the centre of the neck, it is associated with the element ether. The throat *chakra* regulates honesty and self-expression. The fresh, sharp aroma of eucalyptus helps revitalise the throat *chakra* and strengthen our sense of communication and expression.

- Pain Reliever • Anti Bacterial
- Decongestant • Bug Repellent



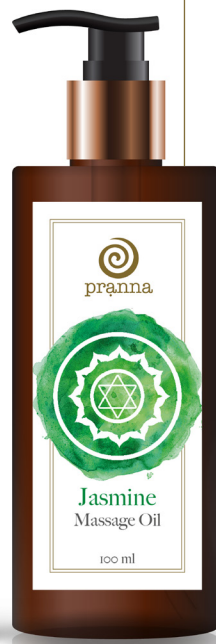


Anāhata Chakra

compassion | jasmine

Green in colour, representing the element earth, it is located in the centre of the chest and empowers love, kindness and compassion. Jasmine's warm and soothing aroma helps our heart energy radiate outwards and transform our emotions and experiences through the universality of love.

- Energy Booster • Skin Softner
- Mood Uplifter • Fights Infections



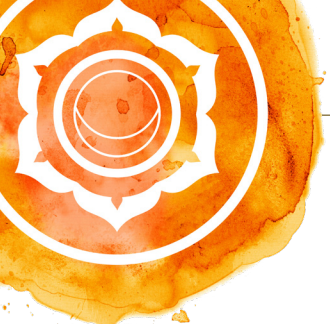
Maṇipūra Chakra

achievement | rosemary

Yellow in colour and associated with the element of fire, the Manipura *chakra* is at the top of our abdomen, representing energy, power and determination. The vibrant scent of rosemary helps us focus on our confidence, determination, personal growth and achievement.

- Helps Hair Growth
- Improves Blood Circulation
- Pain Reliever • Memory Booster





Svādhiṣṭhāna Chakra

consciousness | orange

Orange in colour, located above the root *chakra* and below the navel, it is associated with the element of water.

The centre of our creativity, sensuality and emotions, this *chakra* is energised with the sweet, tangy aroma of orange to evoke our creative life force.

- Mood Uplifter • Calming & Refreshing
- Immunity Booster • Skin Brightener



Mūlādhāra Chakra

existence | sandalwood

Located at the base of the spine, red in colour, it is associated with the element of earth. The scent of Sandalwood helps balance and energise this *chakra* to strengthen our existence and bring about a sense of being grounded.

- Skin Softener • Calming & Grounding
- Clears Blemishes • Anti Aging



PRODUCT RANGE



Set of 7 Aroma Diffuser Oils



Set of any 3 Natural Essential Oils
with Diffuser



Set of 7 Mini Soy Candles



Existence & Love
Set of 4 Votive Candles



Love & Spirituality
Set of 4 Votive Candles



Set of 7 Natural Essential
Oil Roll-Ons



Body Massage Oils

Rose

Rose has a beautiful, strong floral, sweet, intoxicating, and highly romantic fragrance.



- Mood Enhancer • Romantic Ambiance • Aesthetic Appeal
- Air Freshener • Tradition and Ritual



The rose essence's deep and enriching floral scent smells like fresh roses and will fill your rooms with a mesmerizing and refreshing aroma. Rose massage oil has an excellent harmonizing effect on depression, anger, grief, fear, stress, and tension, and it is mood uplifting, moisturizing, and hydrating the skin.

Natural Essential Oil & Roll-On

The Rose essential oil roll-on is a great way to take the benefits of Rose with you. It helps you feel calm, relaxed, and happily content and positively affects your mental health.

How to Apply

- Roll onto pulse points like wrists, temples, neck, or the soles of your feet.
- Carry roll-ons in your bag for quick stress relief, energy boosts, or mood enhancement throughout the day.



Massage Oil & Body Wash

Rose massage oil has an excellent harmonizing effect on your mood. It moisturizes and hydrates the skin.

Romantic Rose body wash enriched with rose oil replenishes dry skin for smoother texture and softness. The uplifting fragrance of roses lingers.



Exfoliating Face & Body Scrub

The Romantic rose creamy face and body scrub leaves your skin glowing and fresh, rendering a spotless and polished look. Rose essential oil deeply moisturize the skin, making it soft and supple. It helps restore the skin's natural moisture barrier. Moreover, the attractive aroma of rose lingers on.



Rose Infused Aroma Candles

Delicately crafted non-polluting soy candles are infused with natural rose extracts. Perfect for creating a serene and romantic experience that uplifts the spirit and calms the mind.

- Tin container with lid
 - Glass jar with cap
 - Mini glass jar with cap
- Burning time: 35 hours, 10 hours



Lavender

Lavender essential oil is one of the most popular and versatile essential oil.



- Reduces Anxiety & Stress • Improves Sleep Quality • Relieves Headaches
- Calms Body & Mind • Repels Insects



Lavender oil is easily the most used and loved essential oil. From skin care products to relaxing routines, this oil can infuse and enhance many areas of your life.



Natural Essential Oil & Roll-On

The Lavender essential oil roll-on is a great way to take the benefits of lavender with you. Lavender helps reduce stress and anxiety, promotes relaxation and sleep, and can help soothe headaches.

How to Apply

- Roll onto pulse points like wrists, temples, neck, or the soles of your feet.
- Carry roll-ons in your bag for quick stress relief, energy boosts, or mood enhancement throughout the day.



Massage Oil & Body Wash

Relaxing Lavender massage oil improves blood circulation and induces calmness. It is very refreshing and acts as a mood booster.

Lavender infused body wash gives you a relaxing bathing experience and keeps the skin hydrated and invigorated.



Exfoliating Face & Body Scrub

Relaxing Lavender creamy face and body scrub leaves your skin glowing and fresh, rendering a spotless and polished look. Lavender essential oil deeply moisturizes the skin, making it soft and supple. It helps restore the skin's natural moisture barrier. Moreover, the attractive aroma of lavender lingers.

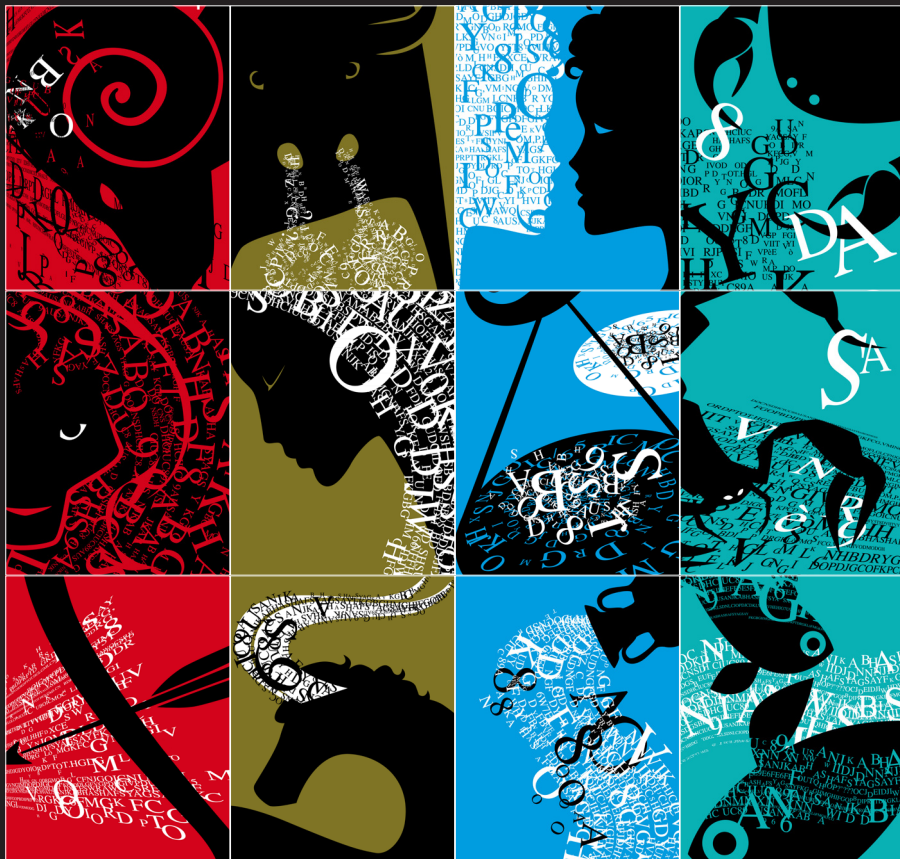


Lavender Infused Aroma Candles

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the zodiac collection

Enhance your true spirit and personality with exotic aroma candles and essential oils. The aromas align with each zodiac sign to help bring balance and wellness.



ARIES

March 21-April 19

Aries have a passionate, bold and fiery nature and can be prone to stress and headaches. Their powerful and dynamic personality benefit from calming and relaxing essential oils.



Element: Fire

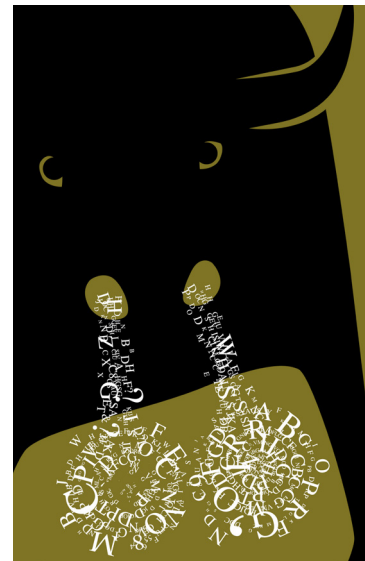
Essential Oils: Frankincense, Peppermint, Lavender



TAURUS

April 20-May 20

Taureans are ruled by Venus, which influences sensuality and indulgence. They are vulnerable to aches and pains in the neck and throat area as Venus rules these areas. They benefit from sensuous and muscle-relaxing essential oils.



Element: Earth

Essential Oils: Jasmine, Rosemary, Ylang Ylang



GEMINI

May 21-June 20

Geminis are known for duality. Ruled by Mercury, this air sign is in constant need of balancing. They are prone to shortness of breath and tense, tender shoulders and necks. They benefit from calming, balancing and relaxing essential oils.



Element: Air

Essential Oils: Lavender,
Eucalyptus, Rosemary



CANCER

June 21-July 22

Cancerians are temperamental. They often experience tricky digestion issues. Being ruled by the Moon can make them moody and unpredictable. They benefit from calming, steadying oils for levelling of those mood swings.



Element: Water

Essential Oils: Lavender,
Rosemary, Patchouli



LEO

July 23-August 22

Leos are full of energy and vitality. They are charming, lively, and ambitious. Expendng a lot of mental and social energy in their daily lives, they are vulnerable to burnouts. Ruled by the Sun, Leo benefit from robust and relaxing fragrances.



Element: Fire

Essential Oils: Sweet Orange, Rosemary, Frankincense



VIRGO

August 23-September 22

Virgoans are methodical and quick thinkers, yet they have so much mental energy that they are frequently stressed and tense. They can also be prone to colds and flu. They benefit from soothing and Citrus oils.



Element: Earth

Essential Oils: Eucalyptus, Peppermint, Ylang Ylang



LIBRA

September 23-October 22

Librans are like the Scales. They are concerned with attaining balance, harmony, peace, and justice. Ruled by Venus, Librans are also naturally drawn to beauty and romance. Grounding oils are great for them to keep them balanced and at ease.



Element: Air

Essential Oils: Lavender,
Frankincense, Chamomile



Element: Water

Essential Oils: Jasmine, Patchouli,
Frankincense

SCORPIO

October 23-November 21

Scorpios are driven by sensuality and desire. As they are ruled by Pluto, they are also drawn to psychic and mystical explorations. They benefit from essential oils which make them feel sensuous and mystic.



SAGITTARIUS

November 22-December 21

Sagittarius are adventurers and risk-takers and have a sharp business and sports mentality. They're continuously hunting and chasing a new target. They benefit from calming powerful oils that amplify feelings of adventurousness and boldness.



Element: Fire

Essential Oils: Sweet Orange, Eucalyptus, Sandalwood



CAPRICORN

December 22-January 19

Capricorn is represented by the Goat. They are generally pragmatic, ambitious, and disciplined, although they can also be somewhat stoic and pessimistic. They are prone to stiffness in bones and joints. They benefit from De-stressing oils.



Element: Earth

Essential Oils: Sandalwood, Peppermint, Frankincense



AQUARIUS

January 20–February 18

Aquarians are advanced, self-reliant, clever and optimistic. Because Aquarians are creative thinkers, they need something to help them focus and rein in the barrage of ideas running through their heads. Essential oils that are beneficial and can help are herbaceous and spicy.



Element: Air

Essential Oils: Sandalwood, Rosemary, Frankincense



PISCES

February 19–March 20

Pisces are emotionally sensitive, gracious, and sympathetic. They're also creative and imaginative. Pisceans are the zodiac's dreamers; grounding and calming oils benefit them.



Element: Water

Essential Oils: Sandalwood, Rosemary, Orange





THE ELEMENTS COLLECTION

Bring balance and harmony
to your life with the exotic set of aroma
candles. Hand-poured and infused with
essential oils, these are aligned to the 4
elements — Air, Water, Earth & Fire.





EARTH

The element of Earth promotes clarity of mind, intellect and life force. The mesmerising scent of Sandalwood and Jasmine strengthens our spirit of existence.



WATER

The element of Water represents abundance, compassion & sensuality. The soothing scent of Jasmine and the sweet, tangy Orange fragrance evokes our sense of abundance.



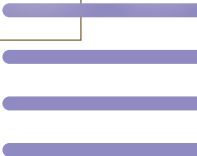
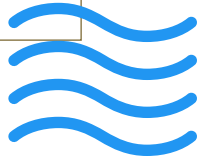
FIRE

The element of Fire represents our passions, desires and positive energy. The vibrant fragrance of Rosemary and Frankincense ignites our passion and excitement.



AIR

The element of Air represents our creativity, spirit & imagination. The soothing fragrance of Lavender and sharp notes of Eucalyptus elevates our free spirit.



Evil Eye

Protect your space with our Evil Eye Aroma Candle, blending enchanting scents and the powerful evil eye symbol to ward off negativity and promote tranquility.



PRODUCT RANGE

Our offerings can be customized to suit your specific tastes and needs.



Cosmic Calm
Lavender Infused Candles



Citronella
Infused Aroma Candles



Tulsi
Infused Aroma Candles



Jasmine
Infused Aroma Candles

Testimonials



Sonal Kalra
Managing Editor & Business Head
Lifestyle at Hindustan Times

The products are fabulous.
Simply fabulous. I feel
distinct positive vibes around
me. The chakra candles bring
in amazing energy.
My favourite is the Lavender
(Spirituality) one.

”



Tanya Singh
Tarot-Numerologist,
Reiki Healer

Ever since I have tried my
first Praana aroma massage
oil and roll on, I have become
a huge fan! I love your
products for their sheer
naturalness and beautiful
aromas! There are many
ways to heal oneself, and I
feel, the most natural and
gentle ways are the safest.
Being a Reiki Healer I am very
much aware of the benefits
of aromatherapy and I highly
recommend your products
to anyone who is keen to
indulge in their well-being.

”



Madhu Dubey
Executive Director, India Convention
Promotion Bureau, New Delhi & Former
Regional Director, Australasia,
Ministry of Tourism

Truly Premium Products.
The oils are amazing. I loved
all, specially Sandalwood.
The authentic aroma is a
testimony to the purity of the
oils. The candles with their
subtle aroma fill the room
with positive energy that you
can actually feel. Your special
touch is clearly visible in
the packing.

”

Pranna by Peali

Inspired by aromatherapy and wellness, Peali Dutta Gupta, a renowned creative media expert and healing practitioner, founded Pranna. This brand offers a curated collection of aroma candles, essential oils, and beauty products, designed to rejuvenate the soul and promote balance, positivity, and conscious living.

Vision: To inspire inner strength and empower individuals with products that blend ancient wisdom and modern design.

Story: Born from Peali's passion for fragrances and her commitment to empowering survivors of domestic violence.

Products

Chakra Collection: Aligns and heals energy centers.

Zodiac Collection: Personalized for each zodiac sign.

Evil Eye: Blending enchanting scents and the powerful evil eye symbol to ward off negativity and promote tranquility.

Beauty Products: Rejuvenating oils and scrubs.

Innovation: Blending aroma and color therapy for holistic wellness.

Social Impact: Empowering survivors of domestic abuse through employment, with every candle contributing to their healing journey.

Why Choose Pranna: Purpose-driven, chakra-inspired, handcrafted products that promote healing and growth.

Conclusion: Pranna by Peali is a beacon of hope and positivity. From luxurious fragrances to its meaningful mission, Pranna transforms everyday rituals into opportunities for healing and growth. Whether it's aligning your chakras, celebrating your zodiac sign, or protecting your space, Pranna invites you to embrace conscious living, one candle at a time.

*"Smell is a potent wizard
that transports you across
thousands of miles and all
the years you have lived."*

HELEN KELLER



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catalogue