

Aromatherapy

From luxuriant energising oils
to exfoliating scrubs





Inspired by aromatherapy, Praana is a collection of exquisite lifestyle & wellness offerings from the heart. Exotically crafted range of natural skin & haircare products, aromatic vegan soy candles, and pure essential oils. They invoke bliss into your senses while inviting peace and harmony into your mind, body, and soul. Explore, Enjoy, Experience, or Gift these sensorial indulgences...

Aromatherapy is a caring, hands-on therapy which seeks to induce relaxation, to increase energy, to reduce the effects of stress and to restore lost balance to mind, body and soul.



Lavender

Lavender essential oil is one of the most popular and versatile essential oil.



Lavender oil is easily the most used and loved essential oil. From skin care products to relaxing routines, this oil can infuse and enhance many areas of your life.

Natural Essential Oil & Roll-On

The lavender essential oil & roll-on is a great way to take the benefits of lavender with you. Lavender helps reduce stress and anxiety, promotes relaxation and sleep, and can help soothe headaches.



Aroma Candle & Diffuser Oil

Lavender aroma can be used to calm anxiety. It also has a soothing effect and may help with sleep troubles, including if feelings of stress or anxiety are keeping you up at night.



Creamy Body Wash

Lavender, Coconut & Soya body wash gives you a relaxing bathing experience and keeps the skin hydrated and invigorated.



Massage & Bath Oil

It improves blood circulation and induces calmness. It is very refreshing and acts as a mood booster.



Red Wine & Lavender Sugar Scrub

Our sugar scrub exfoliates your skin by removing the outermost layer of dead skin cells, leaving your skin softer and smoother with a relaxing Lavender aroma.



Jasmine

Jasmine oil is regarded as the “King of Flowers.”
It is known for its soothing and relaxing effects on body and mind.



For centuries, jasmine has been famous for its sweet, romantic fragrance and has been used in some of the world's best-known perfumes, including Chanel No. 5. Its romantic scent has long been believed to have an aphrodisiac effect. Jasmine flowers are often included as décor at weddings in the newlyweds' bedroom to set the mood for romance.



Natural Essential Oil & Roll-On

The Jasmine essential oil & roll-on is a great way to take the benefits of Jasmine with you. It helps you feel calm, relaxed, and happily content & positively affects your mental health.



Aroma Candle & Diffuser Oil

Put a few drops of jasmine essential oils in a diffuser, which positively affects your mental health and leaves your room smelling fantastic.



Creamy Body Wash

Jasmine, Coconut & Soya body wash gives you a relaxing bathing experience and keeps the skin hydrated and invigorated.



Massage & Bath Oil

Its sweet, romantic fragrance generates a feeling of love & calmness. It is very refreshing and acts as a mood booster.



Chocolate & Jasmine Sugar Scrub

Our sugar scrub exfoliates your skin by removing the outermost layer of dead skin cells, leaving your skin a softer and smoother and alluring smell of Jasmine.



Orange

Orange's sweet, warm, summery fragrance makes you feel like an energetic child again.



Orange's rich, citrusy scent provides an uplifting and positive aromatic experience. Its sweet and tangy aroma improves radiance by boosting blood flow to the skin. Orange oil helps deliver essential nutrients to the skin, imparting a healthy glow.



Natural Essential Oil & Roll-On

Its pleasant scent has a cheerful and uplifting yet relaxing, calming effect.



Creamy Body Wash & Scrub

The scrub and wash exfoliate the skin and give it a natural radiance.



Energising Moisturizer

Orange Moisturizing Cream provides optimum protection to your skin, with hydration and a softer feel that lasts throughout the day.



Massage & Bath Oil

Orange Massage Oil is known for its energizing & pain-relieving effects on the body. It is very refreshing and acts as a mood booster. It can also stimulate the strength and resilience of the immune system and eliminate airborne bacteria.



Energising Shampoo

The energising sulfate-free shampoo deep cleanses the scalp and enhances hair health. The aroma of Orange keeps your scalp smelling fresh all day long.



Energising Conditioner

Enriched with conditioning agents like Coconut oil and Aloe Vera. Vitamin E, naturally extracted Castor, Sesame, Jojoba, and Orange essential oils.



Rose

Rose has a beautiful, strong floral, sweet, intoxicating, and highly romantic fragrance.



The rose essence's deep and enriching floral scent smells like fresh roses and will fill your rooms with a mesmerizing and refreshing aroma. Rose massage oil has an excellent harmonizing effect on depression, anger, grief, fear, stress, and tension, and it is mood uplifting, moisturizing, and hydrating the skin.



Natural Essential Oil & Roll-On

The Rose essential oil & roll-on is a great way to take the benefits of Rose with you. It helps you feel calm, relaxed, and happily content and positively affects your mental health.



Massage & Bath Oil

Rose massage oil has an excellent harmonizing effect on your mood. It helps with depression, anger, grief, fear, stress, and tension and moisturizes and hydrates the skin.



Creamy Body Wash

A body wash enriched with Coconut, Soya, and Rose oil that replenishes dry skin for smoother texture and softness. The uplifting fragrance of roses lingers.



Energising Moisturizer

Light skin-friendly lotion can be safely applied as often as needed with the goodness of sweet almond oil, sunflower oil, and vitamin e oil and infused with rose essential oil.



Red Wine & Rose Sugar Scrub

It leaves your skin glowing, soft & supple, and fresh, rendering a spotless and polished look. Moreover, the attractive aroma of red wine and rose lingers on.



Sandalwood

Sandalwood has a rich, sweet, warm, and woody aroma that is uplifting and relaxing.



Sandalwood Essential Oil is calming and helps to instill a sense of inner peace. It is an excellent choice to try in cases of stress, depression, or low self-esteem. Sandalwood Essential Oil is rich, woody, yet sweet. It is frequently used in high-end fragrances and is a favorite among men and women.



Natural Essential Oil & Roll-On

Sandalwood oil can promote calmness, lower stress, and improve sleep quality. Consider rubbing it into your wrists as a natural alternative to perfumes.



Aroma Candle & Diffuser Oil

Put a few drops of sandalwood essential oils in a diffuser, which positively affects your mental health and leaves your room smelling fantastic.



Creamy Body Wash

A body wash enriched with Coconut, Soya, and Sandalwood oil replenishes dry skin for smoother texture and softness. The woody fragrance of sandalwood lingers.



Massage & Bath Oil

Its calming, sweet woody fragrance generates a feeling of well-being and helps instill a sense of inner peace.



Sandalwood Sugar Scrub

It leaves your skin glowing, soft, and fresh, rendering a clean and polished look. The attractive aroma of Chocolate and Sandalwood lingers on.



Rosemary

The oil's health uses range from antioxidant benefits and anti-inflammation to memory enhancement and more.



"Where there are oils there is goodness and where there is goodness there is magic."

NATURE'S INSPIRATION

Rosemary

Rosemary Essential Oil is best known for its stimulating, soothing, and pain-relieving properties. Breathing rosemary may improve brain function. One of the most common types of hair loss is androgenetic alopecia, better known as male pattern baldness, though it can also affect females. Rosemary oil is known to treat such conditions and promote healthy hair growth. Rosemary oil is known in folk medicine as a pain reliever. Simply smelling rosemary oil may ease your stress levels during exam taking.



Frankincense

Frankincense is one of more than 90 essential oils gaining steam in aromatherapy. Frankincense has a woody, spicy smell and can be inhaled and absorbed through the skin. Frankincense offers certain health benefits, from improved arthritis and digestion to reduced asthma. Frankincense has anti-inflammatory effects that may help reduce joint inflammation caused by arthritis. Frankincense is not one of the most widely used oils, but it does have potential health benefits.





Lemongrass



Neroli

"Aromatherapy is extremely useful. If you want to go to sleep at night, and you have an aroma that calms your mind, it will help you sleep."

DEEPAK CHOPRA



Ylang Ylang



Eucalyptus

Lemongrass

Lemongrass oil has a powerful citrus scent. Lemongrass essential oil is a popular tool in aromatherapy to help relieve stress, anxiety, and depression and promote well-being.



Neroli

Neroli oil emits a rich, floral scent with citrusy overtones. Because of its soothing effect on mood, neroli oil is often used in body lotions and cosmetics.



Ylang Ylang

Ylang-ylang's heady, aromatic scent is fruity, flowery, and rich. The oils vary in the intensity of their scent. It helps boost mood, reduce depression, alleviate anxiety, and repel flying insects.



Eucalyptus

For many years, eucalyptus oil has been used to relieve coughing. It helps in Respiratory conditions such as asthma and sinusitis, and it helps to reduce pain and inflammation.



Testimonials



Tanya Singh

Tarot-Numerologist,
Reiki Healer

Ever since I have tried my first Praana aroma massage oil and roll on, I have become a huge fan! I love your products for their sheer naturalness and beautiful aromas!

There are many ways to heal oneself, and I feel, the most natural and gentle ways are the safest.

Being a Reiki Healer I am very much aware of the benefits of aromatherapy and I highly recommend your products to anyone who is keen to indulge in their well-being.



Sonal Kalra

Managing Editor &
Business Head Lifestyle at
Hindustan Times

The products are fabulous. Simply fabulous. I feel distinct positive vibes around me.

The chakra candles bring in amazing energy. My favourite is the Lavender (Spirituality) one.



Kanikka Tandon

Make-up artist

I have tried using massage oil and I highly recommend the product. It gives a very therapeutic and nourished feel to the skin. It quickly absorbs into the skin leaving a soothing aromatic scent of the product which stays on the skin which make your mind and body calm, relaxed and gives a wonderful feel for the entire day. Really loved the oil specifically rose and lavender.



Madhu Dubey

Executive Director, India
Convention Promotion
Bureau, New Delhi &
Former Regional Director,
Australasia, Ministry of
Tourism

Truly Premium Products.
The oils are amazing.

I loved all, specially Sandalwood. The authentic aroma is a testimony to the purity of the oils. The candles with their subtle aroma fill the room with positive energy that you can actually feel. Your special touch is clearly visible in the packing.



Reva K Singh

Publisher & Editor of
Sommelier India -
The Wine Magazine

The candles were lovely and beautifully packaged. They make a very elegant and versatile gift too. A hostess gift instead of a bottle of wine!



Rashmi Sarita

Executive Director,
FICCI Ladies Organisation,
New Delhi

The Praana products are very chic. The products are of premium quality be it the essential oil or the scented candles. They have the power to persuade you to transport yourself to another world.

I have personally used the products and I am not only a satisfied customer, I am a fan now.

The products are very well packed and make a fabulous gifting option.

*"Smell is a potent wizard
that transports you across
thousands of miles and all
the years you have lived."*

HELEN KELLER



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instagram.com/prana_store/



storepraana@gmail.com



8860108765, 9560707702

available at

amazon

Flipkart

meesho

Disclaimer: The images shown are for illustration purposes only and may not be an exact representation of the product.

Caution: Keep oils away from eyes and mucous membranes. Also please keep all essential oils and Fragrances out of reach of children. If redness, burning, itching or irritation occur, stop using oil immediately.

Never use essential oils on your skin without diluting the essential oil with a carrier oil.